

COSTA RICA TREK – WINTER BREAK'2019

**TRIP
DATES**
January
03rd - 13th

A TRANSFORMATIVE COSTA RICA EXPERIENCE!

VISIT
San Jose
Manuel Antonio
Cartago
Tortuguero etc



- Gain perspective on education & public policy in Costa Rica & Central America
- Visit Peace University campus outside of San Jose
- Visit local school, university and a non-profit
- Enjoy World-Class 5* Star accommodation at Radisson Hotel in downtown San Jose
- Private A/C, chauffeur driven ground transportation for entire trek in Costa Rica
- Gain perspective on refugee crisis and learn from a recent refugee in Costa Rica
- Learn from and interact with local HKS alumnus in Costa Rica
- Explore world famous beaches in Manuel Antonio national park and enjoy food at Soda Sanchez – famous local eatery
- Explore world famous Mt. Irazu volcano and mangrove forests in Tortuguero
- Explore historical sites, enjoy shopping and local cuisine in historic town of Cartago
- Visit Tarcoles bridge and shoot amazing crocodile pictures
- Enjoy a "Coffee Tour" and learn how sustainable organic coffee farming is done at a local family owned farm near San Jose
- Enjoy a "Spice Farm Tour" and learn how biodynamic agricultural methods are used to grow organic spices at farm near Quepos
- Learn from YLAI (U.S. Dept of State program) alumni in Costa Rica and impact of their social initiatives
- Explore San Jose the capital of Costa Rica, enjoy shopping and "Casado" – a local favorite food

>>> THIS COSTA RICA TREK HAS LIMITED CAPACITY <<<

If you are passionate about education and public policy making in Central America and interested in participating in this trek
Please Contact: **Sam Sharma** @ shs074@mail.harvard.edu 📞 **860-794-8347**

We encourage and welcome students from all Harvard schools to participate in this trek. Please email for cost details and conditions.



THE NORTHWOOD PROGRAM
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Please include in your email a short sentence on:
What you hope to learn and accomplish through this Costa Rica experience